

The Southern California TKD Academy Times

Founded February 1st., 1975 By Master Patrick Steinhauser ~ Black Belt for over 41yrs

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This Month's Dojang News



OUR TEST DAYS THIS MONTH ARE: MON., 3/5, TUES., 3/6, and WED., 3/7. Each student only needs to test one of those days. Your requirements to test are; White, Yellow & Green Belts must attend 20 class meetings within each 3 month period between tests. Red Belts must attend 40 class meetings within each 6 month period between tests. The test fee for each student is \$25. and due when you test. If you are a 4th Keup Green Belt, testing for 3rd Keup Red Belt, you are responsible for a paper assigned to you by Master Steinhauser. If you have not been assigned a paper, ask him very soon. Please have any papers assigned to you, on the day of your test. To all, if you don't know whether you have enough attendance days or whether you should test, see Master Steinhauser as he will assist you in making that decision. **And for those of you not testing, we will have class as usual.*

BLACK BELT TEST GROUP: Your test will be Saturday, June 16th at 11am. Your TKD Notebook is due 5/1/18. Your training schedule: Jan. to March min. 3 days a week, April-June train min. 4 days per week. Your first paper should have been turned in already. ALSO remember to start compiling information for your Black Belt Test Application. If you need assistance just ask.

TERMS USED IN THE DOJANG

For your TKD Notebook **



MOO-DO
TAEKWON-DO
YUDO
HAPKI-DO

Martial arts
Korean art of self-defense with kick and punch
Korean art of self-defense with throws, hold, and strangling
Korean art of self-defense using internal powers and pressure points on opponents

DOJANG
DOBOK
JEO-GO-RI
BA-JEE
TDEE

Gym for training martial arts
Martial art training uniform
Uniform top
Uniform pants
Belt

KOOK SA NIM
KWON JAH NIM
SAH BAH NIM

Grand Master
Master or the head of the school
Instructor

AN-NYONG HA-SHIM NIK-KA?
JOH-SUM-NI-DA
GO-MAP SUM-NI-DA
CHON-MAN EH-YO
AHN-NYONG-HEE-KE-SHIP SI-YO

How are you?
Thank you. Fine.
Thank you.
You are welcome.
Good bye. (leaving)

FOR INFORMATION TO ADD TO YOUR TKD NOTEBOOK: Go to www.socatkda.com At the menu

bar click on DOCUMENTS. There you'll find a lot of material you can access and easily print out for your TKD Notebook. Your TKD Notebook will be used to enhance your TKD training and as a tool for you to use to teach others. If you don't have a way to get the material printed out for your TKD Notebook, just ask and I'll get it to you. Also check out our Gallery Section. I have posted many TKD Student photos for you to see. If you have photos you would like posted on our website: bring them in on a thumb drive or email renee@mpicomputers.com.

SUN	MON	TUE	WED	THU	FRI	SAT
	MARCH			1 5:30-6:30 6:30-7:30	2 5:30-6:30 6:30-7:30	3
4	5 TEST 5:30-6:30 6:30-7:30	6 TEST 5:30-6:30 6:30-7:30	7 TEST 5:30-6:30 6:30-7:30	8 5:30-6:30 6:30-7:30	9 5:30-6:30 6:30-7:30	10
11	12 5:30-6:30 6:30-7:30	13 5:30-6:30 6:30-7:30	14 5:30-6:30 6:30-7:30	15 5:30-6:30 6:30-7:30	16 5:30-6:30 6:30-7:30	17 St. Patrick's Day
18	19 5:30-6:30 6:30-7:30	20 5:30-6:30 6:30-7:30	21 5:30-6:30 6:30-7:30	22 5:30-6:30 6:30-7:30	23 5:30-6:30 6:30-7:30	24
25	26 5:30-6:30 6:30-7:30	27 5:30-6:30 6:30-7:30	28 5:30-6:30 6:30-7:30	29 5:30-6:30 6:30-7:30	30 5:30-6:30 6:30-7:30	31

Please check our school website if you are concerned about extreme weather or other emergency circumstances in which our school may be closed...



this month to:
Gook-sa-nim Steinhauser on the 21st. Make sure to shake his hand and wish him a Happy Birthday and also to Kitana A.

Sara H.,
Nathan T. and
Francisco Q.
May all your Special Day be filled with much love, lots of laughter & loads of fun!