

# The Southern California TKD Academy Times

Founded February 1st., 1975 By Grand Master Patrick Steinhauser ~ Black Belt for over 48yrs

Volume 33 Issue 5

View class alerts >>> WWW.SOCATKDA.COM

February 2025



### FRIENDLY REMINDER...

On Valentine Day,  
Feb. 14th,  
make a Card for  
your Mom.  
Remember to  
appreciate your  
parents, friends &  
Family, for all they  
do for you!



### The Meaning of the Moo Duk Kwan Flag

- Fist** = Justice
- 14 Laurel Leaves around the Fist** = 14 Provinces of Korea
- 6 Red dots on Leaves** = The known Continents of the world at the time the symbol was made.
- 3 Red dots on one side** = 3,000 Li the distance between North & South Korea
- The Korean/Chinese writing below the fist;**
- Left Side** = Tae
- Right Side** = Kwon
- Middle** = Moo Duk



## This Month's Dojang News



*THIS MONTH STARTS THE 50TH YEAR SINCE GRAND MASTER STEINHAUSER FOUNDED THE SOUTHERN CALIFORNIA TAE KWON DO ACADEMY...*

I hope you all will join me in saying a BIG "THANK YOU" to Grand Master Steinhauser, for his many, many years of dedication and commitment to teaching us the time-honored tradition of our Ancient Martial Art, Tae Kwon Do. I know Grand Master Steinhauser would say to all of his Students... "The School would be empty without you."

*A NOTE OF WISDOM FROM GRAND MASTER STEINHAUSER TO ALL BLACK BELTS AND SOON TO BE BLACK BELTS:*

*"THE BLACK BELT AROUND MY WAIST DOES NOT REPRESENT WHO I AM, IT DOES REPRESENT WHAT I CAN BE"*

**YOUR PAPER WAS DUE BY JAN. 31ST:** Each year Grand Master Steinhauser requires each of us to make a list of **"10 GOALS I (YOU) PLAN TO ACHIEVE IN 2025"** These goals have to be attainable and measurable. Each year some of us put off writing this paper, so Grand Master Steinhauser has added an incentive...If you are late turning in your paper for each day you will be asked to do pushups. On 1st day late 10 pushups, 2nd day late +10 or 20 pushups and in just 3 days past the deadline, (yes it includes weekends), that's 30 pushups. So do not wait any longer...If you need help with your Goals ask a Senior, we're here to assist you. You can also email your goals to:

[MasterSteinhauser@socatkda.com](mailto:MasterSteinhauser@socatkda.com)

**BLACK BELT TEST IN JUNE:** The date is to be determined...The participants: Alex S., Hannah L., Romney S. and Somalika S. Please bring in your TKD Notebook for inspection and recommendations. Grand Master Steinhauser has assigned you papers to write. Your 1st paper is due now. If you need assistance ask a Senior Black Belt.

**OUR TEST DAYS IN MARCH:** Tuesday 3/4, Wednesday 3/5 or Thursday 3/6. The test fee for each Test participant is \$25. and due when you test. If you are a 4th Keup **Green** Belt, testing for 3rd Keup **Red** Belt, you are responsible for a paper assigned to you by Grand Master Steinhauser, also due on the day of your test. If you have not been assigned a paper, ask him very soon. If you don't know whether you have enough attendance days or whether you should test, see Grand Master Steinhauser he will assist you in making that decision. **\*Remember if you are NOT testing we will have class as usual.**

**NO CLASS:** On February 17th, in observance of Presidents' Day.

**HAPPY BIRTHDAY TO YOU!!!** Trent Quan-ja-nim, Brian Quan-ja-nim, Alison Sob-o-nim, Ethan O. and Kaly T. May your special day be filled with lots of laughter & much love.

**STUDENT SECTION:** **\*\*This is the area where you can share your achievements with your TKD classmates, in our Newsletter. We want to hear from you!!! Please see Master Fallaha to add your activities :)**



| SUN | MON               | TUE               | WED               | THU               | FRI | SAT         |
|-----|-------------------|-------------------|-------------------|-------------------|-----|-------------|
| 2   | 3<br>5:30 - 6:30  | 4<br>5:30 - 6:30  | 5<br>5:30 - 6:30  | 6<br>5:30 - 6:30  | 7   | 1<br>-<br>8 |
| 9   | 10<br>5:30 - 6:30 | 11<br>5:30 - 6:30 | 12<br>5:30 - 6:30 | 13<br>5:30 - 6:30 | 14  | 15          |
| 16  | <b>NO CLASS</b>   | 18<br>5:30 - 6:30 | 19<br>5:30 - 6:30 | 20<br>5:30 - 6:30 | 21  | 22          |
| 23  | 24<br>5:30 - 6:30 | 25<br>5:30 - 6:30 | 26<br>5:30 - 6:30 | 27<br>5:30 - 6:30 | 28  |             |