

The Southern California TKD Academy Times

Founded February 1st., 1975 By Master Patrick Steinhauser - Black Belt for over 43yrs

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FRIENDLY REMINDER...

On Valentine Day,
Feb. 14th,
make a Card for
your Mom.
Remember to
appreciate your
parents, friends &
family for all they
do for you!



The Meaning of the Moo Duk Kwan Flag

Fist = Justice

14 Laurel Leaves around the fist = 14 Provinces of Korea

Seeds on Leaves (all 6) = The known Continents of the world at the time the symbol was made.

3 Seeds on one side = 3,000 Li the distance between North & South Korea

The Korean writing below the fist;

Left Side = Tae

Right Side = Kwon

Middle = Moo Duk Kwan

** Info. for your TKD Notebook >>>



This Month's Dojang News



This month starts the 43rd Year since Master Steinhauser founded The Southern California Tae Kwon Do Academy...I hope you all will join me in saying a BIG THANK YOU for his many, many years of dedication and commitment to teaching us the time-honored tradition of our Ancient Martial Art, Tae Kwon Do. I know Master Steinhauser would say to all of his Students...
"The School would be empty without you."

OUR TEST DAYS NEXT MONTH ARE: MON., 3/2, TUES., 3/3, and WED., 3/4. Each student will only need to test one of those days. Your requirements to test are; **White, Yellow & Green Belts** must attend 20 class meetings within each 3 month period between tests. **Red Belts** must attend 40 class meetings within each 6 month period between tests. The test fee for each Test participant is \$25. and due when you test. If you are a 4th Keup **Green Belt**, testing for 3rd Keup **Red Belt**, you are responsible for a paper assigned to you by Master Steinhauser also due on the day of your test. If you have not been assigned a paper, ask him very soon. If you don't know whether you have enough attendance days or whether you should test, see Master Steinhauser he will assist you in making that decision.
**Remember if you are NOT testing we will have class as usual.*

BLACK BELT TEST PARTICIPANTS: Your training schedule in order for you to stay eligible test is: January to March a minimum of 3 days per week, April-June a minimum of 4 days per week. Our Black-belt Test Date is Saturday, June 13th...You will be assigned papers to write, that are due before you test in June. Remember to start the 1st draft of your Black Belt Application and get your TKD Notebook in order to turn in to Master Steinhauser for review. Your TKD Notebook should contain all Newsletters printed since you started class, as well as your Poomse (forms), (Tae Guek 1-8, Poomse Koyro), daily class exercises (Sparring steps, 1 Step, etc.), any papers written by Master Steinhauser and by you and anything else you think will enhance your Tae Kwon Do training. If you are missing that information or any Newsletters make a list (include dates for Newsletters) and give it to me (Ms. Fallaha) soon! If you have any questions ask a Senior it is our responsibility to assist you.

NEW STUDENTS: Aiden M. and Arvin M. Welcome to our TKD Family. If you have any questions please ask a Senior, we are here to assist you.

HAPPY BIRTHDAY THIS MONTH TO: Mr. Trent Sobonim, Mr. Brady Sobonim, Elyas Sobonim., Mathew H. and Alison S. May your special day be filled with lots of laughter & much love.



STUDENT SECTION Remember Master Steinhauser presents Academic Achievement Patches to wear on your Dobok (uniform) for exemplary report cards. You will receive a **Black Patch** for a 4.0 GPA and a **Red Patch** for 3.0 GPA. So study hard, keep your grades up & when your school year ends, bring in your report card for Master Steinhauser to see.

If you don't get letter grades, don't worry, he will figure it out.



SUN	MON	TUE	WED	THU	FRI	SAT
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9	10 5:30-6:30 6:30-7:30	11 5:30-6:30 6:30-7:30	12 5:30-6:30 6:30-7:30	13 5:30-6:30 6:30-7:30	14 5:30-6:30 6:30-7:30	15
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