## The Southern California TKD Academy Times

Founded February 1st., 1975 by Grand Master Patrick Steinhauser ~ Black Belt for over 46yrs

Volume 30 Issue 7

www.socatkda.com

**APRIL 2023** 



\*\*PLEASE CHECK
OUR SCHOOL
WEBSITE IF YOU
ARE CONCERNED
ABOUT EXTREME
WEATHER OR
OTHER
EMERGENCY
CIRCUMSTANCES
IN WHICH OUR
SCHOOL MAY BE
CLOSED...



Zoe Kyo-SaNim, Eric Kyo-Sa
-Nim, Jake KyoSa-Nim, Ming
Win K., Alejandra S. and Helen
Sah-Bah-Nim.
May your
Special Day be
filled with
much love,
lots of
laughter
& loads of fun!

## This Month's Dojang News

BLACK BELT TEST PARTICIPANTS. Your test date has been moved up to Saturday, April 29th...APRIL FOOLS, JUST KIDDING... You should have your required written paper assigned to you by Grand Master Steinhauser along with class attendance and physical requirements. If you have not received this list see him immediately.

## Things to do very soon:

- Turn in your assigned papers as you finish them and before your test. Do not put off writing them. Once you finish one, the others will be easier to finish.
- ~ Get your TKD Notebook together. Turn it in to Ms. Fallaha the week of April 24th.
- Compile information for you TKD Application. Ask Grand Master Steinhauser.
- Train as many days as you can. See Grand Master Steinhauser if you are having issues getting to class.

## TAE KWON DO KOREAN WORDS TO KNOW

- 1. Korean name for Grand Master Instructor? Kook Sa Nim
- 2. Korean name for Master instructor? Qwan Ja Nim
- 3. Korean name for instructor? Sah Bah Nim
- 4. Our style of martial art? Tae Kwon Do
- 5. What country does Tae Kwon Do come from? Korea
- 6. Korean name for room we train in? Dojang
- 7. Korean name for uniform? Do-bok Korean Name for Belt? Tee
- 8. Name our Tae Kwon Do Association members? Moo Duk Kwan ~ Ge' Duk Kwan ~ Oh Duk Kwan ~ Chung Duk Kwan ~ Kang Duk Kwan
- 9. North America's Tae Kwon Do Association Name? Moo Duk Kwan
- 10. Meaning of Tae Kwon Do? <u>Tae</u> Feet <u>Kwon</u> Hands <u>Do</u> The "Way" we use our feet & hands to better yourself.
- 11. Meaning of Moo Duk Kwan? Moo Physical / Duk Mental / Kwan The "Way" you use your physical & mental to better life.
- 12. Grand Master Steinhauser's Rank? 8th DAN Black Belt
- 13. How many degrees of Black Belt in Tae Kwon Do? 10
- 14. Ancient name for Tae Kwon Do? Tae Kyon, Soo-bak
- 15. Meaning of GUB? Grade under Black belt
- 16. Tae Kwon Do dress uniform? All white Southern California Taekwondo Academy
- 17. School name? Southern California Tae Kwon Do Academy
- 18. Founded? February 1st, 1975 Founded by? Grand Master Patrick Steinhauser
- 20. Black belt headquarters in Korea? KUKKIWON

<u>NEW STUDENT:</u> Welcome Ellie I., to our Tae Kwon Do Family. ALL Students should feel free to ask questions regarding Tae Kwon Do.

**STUDENT SECTION:** Nathan K. received Charles Evans Hughes Middle School Honors for achieving 3.0-3.49 GPA for the 1st Semester of 2022-23... WELL DONE NATHAN!

\*\*ALL Students if you have any announcements you would like to share with US in Our Newsletter, please see Ms. Fallaha ...

SUN	Mon	TUE	Wed	Thu	Fri
	APRIL				
2	3	4	5	6	7
	5:30 - 6:10	5:30 - 6:10	5:30 - 6:10	5:30 - 6:10	
	6:10 - 6:50	6:10 - 6:50	6:10 - 6:50	6:10 - 6:50	
9	10	11	12	13	14
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	6:10 - 6:50	6:10 - 6:50	6:10 - 6:50	6:10 - 6:50	
16	17	18	19	20	21
	5:30 - 6:10	5:30 - 6:10	5:30 - 6:10	5:30 - 6:10	
	6:10 - 6:50	6:10 - 6:50	6:10 - 6:50	6:10 - 6:50	
23	24	25	26	27	28
	5:30 - 6:10	5:30 - 6:10	5:30 - 6:10	5:30 - 6:10	
	6:10 - 6:50	6:10 - 6:50	6:10 - 6:50	6:10 - 6:50	

