

# The Southern California TKD Academy Times

Founded February 1st., 1975 by Grand Master Patrick Steinhauser ~ Black Belt for over 45yrs

Volume 29 Issue 7

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APRIL 2022



## This Month's Dojang News

**BLACK BELT TEST PARTICIPANTS:** Your test date has been moved up to Saturday, April 30th...*APRIL FOOLS, JUST KIDDING...* You should have already handed in your first written paper, assigned to you by Grand Master Steinhauser.

Things to do very soon:

- Turn in ALL of your assigned papers before your test.
- Get your TKD Notebook together. Plan to turn it into Ms. Fallaha by April 15th.
- Compile information for you TKD Application
- Train as many days as you can. See Grand Master Steinhauser if you are having issues getting to class.
- Stop waiting to write your papers. Once you complete one and hand it in, the remainder will flow easier. JUST DO IT!

### TAE KWON DO KOREAN WORDS TO KNOW

1. Korean name for Grand Master Instructor? Kook Sa Nim
2. Korean name for instructor? Sah Bah Nim
3. Our style of martial art? Tae Kwon Do
4. What country does Tae Kwon Do come from? Korea
5. Korean name for room we train in? Dojang
6. Korean name for uniform? Do-bok
7. Korean Name for Belt? Tee
8. Name our Tae Kwon Do Association members? Moo Duk Kwan - Ge' Duk Kwan  
- Oh Duk Kwan - Chung Duk Kwan - Kang Duk Kwan
9. North America's Tae Kwon Do Association Name? Moo Duk Kwan
10. Meaning of Tae Kwon Do? Tae - Feet / Kwon - Hands / Do - The "Way" you use your feet & hands to better yourself.
11. Meaning of Moo Duk Kwan? Moo - Physical / Duk - Mental / Kwan - The "Way" you use your physical & mental to better life.
12. Master Steinhauser's Black Belt Rank? 8th DAN
13. How many degrees of Black Belt in Tae Kwon Do? 10
14. Ancient name for Tae Kwon Do? Tae Kyon, Soo-bak
15. Meaning of GUB? Grade under Black belt
16. Tae Kwon Do dress uniform? All white Southern California Taekwondo Academy
17. School name? Southern California Tae Kwon Do Academy
18. Founded? February 1st, 1975 Founded by? Grand Master Patrick Steinhauser
20. Black belt headquarters in Korea? KUKKIWON



FOR YOUR  
«TKD  
NOTEBOOK

**NO CLASS:**  
**MONDAY, 4/4**  
**\*\*PLEASE CHECK**  
**OUR SCHOOL**  
**WEBSITE IF YOU**  
**HAVE CONCERNS**  
**ABOUT EXTREME**  
**WEATHER OR**  
**CIRCUMSTANCES**  
**IN WHICH OUR**  
**SCHOOL MAY BE**  
**CLOSED...**



**Diego**  
**Kyo-Sa-Nim,**  
**Zoe R.,**  
**Eric Kyo-Sa-**  
**Nim.,**  
**Jake S. and**  
**Helen L.**  
**May your**  
**Special Day be**  
**filled with**  
**much love,**  
**lots of**  
**laughter**  
**& loads of fun!**

**NEW STUDENT:** Welcome Nikolas B. to our Tae Kwon Do Family. You and your Family and ALL Students, please feel free to ask questions regarding Tae Kwon Do.

**STUDENT SECTION:** Burcham Elementary School had a fun run and Eric Kyo-Sa-Nim ran 35 laps!!! Wow! Well done Eric!  
*ALL Students if you have any announcements you would like to share with US in the Newsletter, please see Ms. Fallaha ...*

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>APRIL</b>				1	2
3	4 <b>NO CLASS</b>	5 5:30 - 6:10 6:10 - 6:50	6 5:30 - 6:10 6:10 - 6:50	7 5:30 - 6:10 6:10 - 6:50	8	9
10	11 5:30 - 6:10 6:10 - 6:50	12 5:30 - 6:10 6:10 - 6:50	13 5:30 - 6:10 6:10 - 6:50	14 5:30 - 6:10 6:10 - 6:50	15	16
17	18 5:30 - 6:10 6:10 - 6:50	19 5:30 - 6:10 6:10 - 6:50	20 5:30 - 6:10 6:10 - 6:50	21 5:30 - 6:10 6:10 - 6:50	22	23
24	25 5:30 - 6:10 6:10 - 6:50	26 5:30 - 6:10 6:10 - 6:50	27 5:30 - 6:10 6:10 - 6:50	28 5:30 - 6:10 6:10 - 6:50	29	30