The Southern California TKD Academy

Founded February 1st., 1975 By Grand-Master Patrick Steinhauser - Black Belt for over 40yrs

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MARK YOUR CALENDARS...

No Class: Fri., April 14th

New Students:

Mulry D., Andrew C., Allison K. and Belinda M. Welcome to our TKD Family. If you have any questions, please ask a Senior. It is our responsibility to assist you in your training...



Diego E., Bella F., Charlie K., Aya S. and Melanie R. May your special day be filled with lots of laughter, much love and a few presents too!



This Month's Dojang News

Black Belt Test Group: Master Steinhauser's training schedule: April-June train a minimum 4 days per week. Junior Black Belt candidates should be handing in most of your assigned written papers shortly. ALSO start your 1st draft of your Test Application and continue updating your TKD Notebook. If you need assistance just ask. Make sure you are keeping up to date with all activities and announcements, your Test will be here before you know it...

Proper Behavior in the Dojang

- 1. The Dojang is a place of learning both on a physical and spiritual level. Your behavior in the Dojang should be compared to your behavior in a church or a library.
- 2. Upon entering the Dojang, stand in the doorway and face the senior belt in the room and bow. Remove your shoes and put them in the shoe shelf. Keep in mind that people in the Dojang are concentrating on improving themselves physically and mentally. There will be no loud talking, horseplay, or anything that will distract from the purpose of the Dojang. So show respect and consideration for those who are attempting to learn.
- 3. If you arrive late for class, stand at attention in the doorway until the instructor gives you permission to enter. Then follow the procedure under item #2. Promptly join the group in the back of the class.
- 4. When the instructor asks the students to line up, the students should respond with a loud "YES SIR/MA'AM", BOW, and RUN into position, and stand in attention. The lines should be straight with an equal amount of people in each line. Behavior during class should be governed by concentration and respect. Horseplay, joking, talking, and inattention are detrimental to learning and the individual.
- 5. No student should practice on his or her own in the Dojang while a class is being held. This tends to distract the attention and concentration of the class.
- 6. To address an instructor, the student should bow and call him/her by his/her title and last name Grand - Master Steinhauser -> Gook Sah Nim. Address black belt as Mr./Ms. [Last name] (Sah Bah Nim) i.e. Miss Mitchell. After the question has been answered, the student should thank the instructor, bow, and resume training.
- 7. The lobby is also part of the Dojang. There should be no horseplay, loud talking, or noise in this area. Not only does it distract from the class, but it gives visitors and potential students a bad impression of our school.
- 8. Behavior should also be controlled in front of the school. The noise carries inside the school and is distracting for classes as well as the office. People driving by judge us by your behavior so be sure to give the right impression. Remember your actions reflect on your instructors!
- 9. Remember that our purpose is RESPECT. Everyone should respect themselves and all

STUDENTS CORNER: In June, Master Steinhauser will be presenting <u>Academic</u>

Achievement Patches for exemplary report cards. For a 4.0 GPA ~ Black Patch and 3.0 GPA ~ Red Patch. So keep your grades up & bring in your report card for him to see. If you do not get letter grades, no worries, he will figure it out.

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