

TERMS GENERALLY USED IN THE GYM (DOJANG)

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| 1. | MOO-DO | Martial Arts |
| 2. | TAEKWON-DO | Korean Art of Self-Defense with kick and punch |
| 3. | YUDO | Korean Art of Self-Defense with throws, holds and stranglings. |
| 4. | HAPKI-DO | Korean Art of Self-Defense use of internal powers and pressure points on opponents. |
| 5. | DOJANG | Gym for training martial arts. |
| 6. | SANG SEOK | Upper seat (for the head instructor) |
| 7. | JOONG SEOK | Middle seat (for the other instructors) |
| 8. | HA SEOK | Lower seat (for the students) |
| 9. | DO BOX | Martial Art training suit or uniform |
| 10. | JEO-GO-RI | Jacket |
| 11. | BA-JEE | Pants |
| 12. | TDEE | Belt |
| 13. | KWAN-JANG-NIM | Master or the Head of the school |
| 14. | SA-BOM-NIM | Instructor |
| 15. | SUN-BAE-NIM | A senior rank to myself |
| 16. | DONG-BAE-NIM | A same rank to myself. |
| 17. | HOO-BAE-NIM | A lower rank to myself |
| 18. | SHIM-SA | Grading test in martial arts |
| 19. | SHIM-SA-KWAN-NIM | Examiner |
| 20. | KEUP | Ranks below black belts |
| 21. | POOM | A black belt given to under 15 years of age |
| 22. | DAN | A black belt given to over 18 years of age |
| 23. | KOOK-KI | National Plugs |
| 24. | HO-KOO | Protective Equipment |

COURTESY IN KOREAN LANGUAGE

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| 1. | HOW ARE YOU? | An-Nyong Ba-Shim Nik-ka? | 1 |
| 2. | PINE, THANK YOU. | Joh-Sm-Ni-Ta. | 1 |
| 3. | THANK YOU. | Go-Map Sm-Ni-Ta. | 1 |
| 4. | YOU ARE WELCOME. | Chon-Man Eh-Yo. | 1 |
| 5. | GOOD BYE. (Leaving) | Ahn-Nyong-Hee-Ke-Ship Si-Yo. | 1 |
| | (Staying) | Ahn-Nyong-Hee-Ha-Ship Si-Ye. | 1 |
| 6. | WELCOME. | Uraeo Oehip-Si-Yo. | 2 |
| 7. | SORRY. | Nee-Ahn Ham-Ni-Ta. | 2 |
| 8. | EXCUSE ME. | Shil-Yeh Ham-Ni-Ta. | 3 |
| 9. | PLEASED TO MEET YOU. | Mahn-Na Bush-Jo Dan-Kap Sm-Ni-Ta. | 3 |
| 10. | SEE YOU AGAIN. | Tah-Shi Mahn-Nap Si-Ta. | 3 |