

TERMS GENERALLY USED IN THE GYM (DOJANG)

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| 1. MOO-DO | Martial Arts |
| 2. TAEKWON-DO | Korean Art of Self-Defense with kick & punch |
| 3. YUDO | Korean Art of Self-Defense with throws, hold and stranglings |
| 4. HAPKI-DO | Korean Art of Self-Defense use of internal powers and pressure points on opponents |
| 5. DOJANG | Gym for training martial arts |
| 6. SANG SEOK | Upper seat (for the head instructor) |
| 7. JOONG SEOK | Middle seat (for the other instructors) |
| 8. HA SEOK | Lower seat (for the students) |
| 9. DO BOK | Martial Art training suit or uniform |
| 10. JEO-GO-RI | Jacket |
| 11. BA-JEE | Pants |
| 12. TDEE | Belt |
| 13. KWAN-JANG-NIM | Master or the Head of the school |
| 14. SA-BOM-NIM | Instructor |
| 15. SUN-BAE-NIM | A senior rank to myself |
| 16. DONG-BAE-NIM | A same rank to myself |
| 17. HOO-BAE-NIM | A lower rank to myself |
| 18. SHIM-SA | Grading test in martial arts |
| 19. SHIM-SA-KWAN-NIM | Examiner |
| 20. GUP | Rank below black belts |
| 21. POOM | A black belt given to under 15 years of age |
| 22. DAN | A balck belt given to over 18 years of age |
| 23. KOOK-KI | National Flags |
| 24. HO-KOO | Protective Equipment |

COURTESY IN KOREAN LANGUAGE

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| 1. How are you? | An-Nyong Ha-Shim Nik-ka? |
| 2. Fine, thank you. | Joh-Sm-Ni-Da. |
| 3. Thank you. | Go-Map Sm-Ni-Da. |
| 4. You are welcome. | Chon-Man Eh-Yo. |
| 5. Good bye. (leaving) | Ahn-Nyong-Hee- <u>Ke</u> -Ship Si-Yo. |
| (staying) | Ahn-Nyong-Hee- <u>Ka</u> -Ship Si-Yo |
| 6. Welcome. | Uraso Oship-Si-Yo. |
| 7. Sorry. | Nee-Ahn Ham-Ni-Da. |
| 8. Excuse me. | Shil-Yeh Ham-Ni-Da. |
| 9. Pleased to meet you. | Mahn-Na Bueh-So Ban-Kap Sm-Ni-Da. |
| 10. See you again. | Tah-Shi Mahn-Nap Si-Da. |