

## **Tae Kwon Do Meanings To Know**

1. Korean name for Grand Master Instructor? **Kook Sa Nim**
2. Korean name for Master instructor? **Quan Jah Nim**
3. Korean name for instructor? **Sah Bah Nim**
4. Our style of martial art? **Tae Kwon Do**
5. What country does Tae Kwon Do come from? **Korea**
6. Korean name for room we train in? **Dojang**
7. Korean name for uniform? **Dobok**
8. Our Tae Kwon Do Association Name? **Moo Duk Kwan**
9. Name Kwan Family Association members?  
**Moo Duk Kwan**  
**Ge' Duk Kwan**  
**Oh Duk Kwan**  
**Chung Duk Kwan**  
**Kang Duk Kwan**
10. Which Kwan Association member came to the North American Continent?  
**Moo Duk Kwan**
11. Meaning of Tae Kwon Do?  
**Tae - Feet**  
**Kwon - Hands**  
**Do - The "Way" you use your feet & hands to better yourself.**
12. Meaning of Moo Duk Kwan?  
**Moo - Physical**  
**Duk - Mental**  
**Kwan - The "Way" you use your physical & mental to better life.**
13. Grandmaster Steinhauser's Black Belt Rank? **8th DAN**
14. How many degrees of Black Belt in Tae Kwon Do? **10**
15. Ancient name for Tae Kwon Do? **Tae Kyon, Soo-bak**
16. Meaning of GUB? **Grade under Black belt**
17. Tae Kwon Do dress uniform? **All white**
18. School name? **Southern California Tae Kwon Do Academy**
19. Founded? **February 1st, 1975**
20. By whom? **Grand Master Patrick Steinhauser**
21. Black belt headquarters in Korea?  
**KUKKIWON**  
Southern California Taekwondo Academy